

# English menu

## LUNCH 11:00 - 15:00



OMELETTE (1, 3, 5, 8) With ham, mushrooms, cheese, salad and focaccia.	198,-
SKAGEN SANDWICH (1, 2, 5) Toast with shrimp salad, radish, cucumber, avocado and lemon.	265,-
FISH SOUP – SMALL PORTION (1, 2, 4, 5, 11, 12) Fish soup with salmon, cod, shrimp, mussels and vegetables. Served with focaccia and butter.	265,-
FISH'N CHIPS (1, 3, 4, 5) Cod and sweet potato fries, pea purée, remoulade, sweet chili sauce and lemon.	285,-
CLUB SANDWICH (1, 3, 5) Chili bread with chicken breast, crispy bacon, salad, tomato, rocket salad, red onion and mayonnaise. Served with fries.	285,-
SATAY CHICKEN SKEWERS (1, 6b, 8, 9) Chicken marinated in peanut sauce topped with sesame seeds and coriander. Served with salad, sweet potato fries and yoghurt dressing with lime, chili and mango.	279,-
PITA (1, 3, 5) Pita bread with beef or chicken, salad, tomato, cucumber, red onion, sour cream dressing and fries.	265,-

## CHILDREN'S MENU



SAUSAGE WITH FRIES	129,-
HAMBURGER WITH FRIES (1*, 5, 9)	149,-
KYLLING NUGGETS 5 pcs. with fries.	135,-
PANCAKES (1, 3) With Blueberry jam and sugar.	135,-
CAPTAIN GOLD TOOTH' S PIZZA (1, 3 ++) Choose three types of ingredients.	149,-
MER 0,2l Non-sparkling soft drink with orange or strawberry & apple flavor	44,-
SOFT-DRINKS 0,33l Coca Cola, Coca Cola Zero, Fanta, Sprite Zero.	49,-
1 OR 2 SCOOPS OF ICE-CREAM (1, 5, 6a) Choose from vanilla ice-cream, chocolate ice-cream, strawberry ice-cream and pistachio ice-cream. Topped with whipped cream and chocolate sauce.	55,- 87,-

## STARTER



BRUSCHETTA DI PARMA (1, 5, 11) Toasted bread with garlic olive oil, Parma ham, rocket salad, cherry tomato, parmesan and balsamic.	169,-
CAPRESE SALAD (1, 5, 11) Tomato, mozzarella, basil, olive oil, balsamic and focaccia.	169,-
SCALLOPS (2, 3, 5, 12) Jerusalem artichoke puree, beetroot, edamame beans and pea sprouts.	219,-
CARPACCIO (5, 6a) Thin slices of raw beef, parmesan, pine nuts, pickled onions, rocket salad and horseradish dressing.	219,-

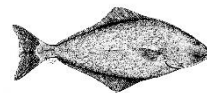
## PASTA & SALAD



PARMA SALAD (1, 5, 6a, 8) Mixed salad with avocado, melon, berries, pine nuts, feta cheese, honey-mustard dressing and Parma ham.	279,-
CHICKEN SALAD (1, 5, 6a, 8) Mixed salad with avocado, melon, berries, pine nuts, feta cheese, honey-mustard dressing and chicken.	289,-
SJØLOFTET LINGUINE VONGOLE (1, 2, 3, 5, 11, 13) Pasta with clams and shrimps in white wine, olive oil and lemon, parmesan, cherry tomato, parsley, garlic and chili.	298,-
PASTA DI MAESTRO (1, 3, 5, 13) Pasta with beef stripes, mushrooms, parsley, cherry tomato, garlic, chili, cream and parmesan.	298,-

All pasta dishes can be made with gluten-free tagliatelle for an additional charge

## SEAFOOD



MUSSELS (1, 2, 3, 5, 11, 12, 13) Mussels from north-vest coast steamed in wine served with fries, focaccia and aioli.	309,-
FISH SOUP (1, 2, 4, 5, 11, 12) Fish soup with salmon, cod, shrimp, mussels and vegetables. Served with focaccia and butter.	298,-
HALIBUT (4, 5, 11) Norwegian wild halibut with fennel, carrots, salicornia, amandine potatoes and apple butter sauce.	449,-

## MEAT



LAMB SHANK (5, 7, 11) Served with root vegetables, mushrooms, mashed potatoes with chives and red wine sauce.	429,-
TENDERLOIN OF VENISON (5, 11) Romanesco, carrot, pickled onion, mushrooms, celery root purée, potato gratin and red wine-cranberry sauce.	469,-
MANGO BURGER (1, 3, 5) Beef burger of brisket, caramelized onions, rocket salad, mango, chili, coriander, cheddar and hot mango dressing. Served with sweet potato fries.	289,-
YACHT CLUB BURGER (1, 5, 7, 8) Beef burger of brisket, cheddar, crispy bacon, tomato, red onion, lettuce, pickles, BBQ-sauce and sour-cream dressing. Potato wedges.	289,-
TENDERLOIN STEAK (3, 5, 7) Norwegian prime beef. Broccoli, celery root purée, mushrooms, oven-baked tomato, asparagus beans, baked potato and béarnaise sauce. Feel free to order as pepper steak with pepper sauce.	469,-

Additional potato choices where otherwise stated:

Sweet potato fries for burgers:	35,-
Potato gratin	45,-
Onion rings - 2 pcs	30,-

## DESSERT



ICE-CREAM (1=biscuit, 5, 6a) 3 scoops - Choose from vanilla ice-cream, chocolate ice-cream, strawberry ice-cream and pistachio ice-cream. Topped with whipped cream and chocolate sauce.	119,-
APPLE CAKE (1, 3, 5) Vanilla ice-cream and cream.	149,-
CHEESECAKE (1, 3, 5, 6a) With biscuit base and lemon.	159,-
CANNOLI (1, 3, 5, 6a, 6b) Sicilian deep-fried pastry tubes filled with vanilla custard. Served with cherry ice cream with chocolate.	169,-
ESPRESSO CRÈME BRÛLÉE (3, 5, 6a) Mövenpick Mable Walnut and blueberry sauce.	169,-
CHOCOLATE FONDANT (1, 3, 5, 6a) Vanilla ice-cream and raspberry coulis.	169,-

### ALLERGENS

1 = GLUTEN (wheat) | 2 = SHELLFISH | 3 = EGG | 4 = FISH | 5 = MILK | 6a = NUTS | 6b = PEANUTS | 7 = CELERY  
8 = MUSTARD | 9 = SESAM SEED | 10 = SOYA | 11 = SULFITT | 12 = MOLLUSCS | 13 = LUPIN



\* French fries are fried in a separate chamber. Several dishes can be made gluten-free by removing/ changing ingredients.  
Please let us know if you have any allergies.

## APÉRITIF - we do also offer other cocktails

BELLINI (11) Prosecco, white peach purée	159,-	SJØSTJERNE Unfiltered Apple and raspberry juice, Licor 43, orange, star anise	159,-
APEROL SPRITZ (11) Prosecco, Aperol, soda, orange	169,-	MALFY GIN ROSA Fever-Tree Mediterranean Tonic, grapefruit	175,-
LIMONCELLO SPRITZ (11) Prosecco, Limoncello, soda, lemon	175,-	TANQUERAY LONDON DRY GIN Tanqueray Gin, Fever-Tree Premium Indian Tonic, lemon	165,-
HUGO SPRITZ (11) Prosecco, St. Germain Elderflower Liqueur, soda, mint, lime	175,-	NEGRONI Gin, vermouth rosso, Campari, orange	169,-



## PIZZA FROM OUR OWN BAKERY (5= milk in cheese)

		Medium	Large
1. Pizza «Sjøloftet» (1, 3, 5)	Ham, mushroom, onion and cheese	295,-	395,-
2. Pizza «Bark Vega» (1, 3, 5)	Ham, onion and cheese	295,-	395,-
3. Pizza «Bark Garant» (1, 3, 5)	Ham, paprika and cheese	295,-	395,-
4. Pizza «Derwent» (1, 3, 5, 8)	Meatballs, mushroom, onion, paprika and cheese	299,-	399,-
5. Pizza «Bark Kappa» (1, 2, 3, 5)	Shrimps, mushroom and cheese	299,-	399,-
6. Pizza «Brigg Antilla» (1,2,3, 4, 5, 12)	Shrimps, tuna, mussels, paprika and cheese	299,-	399,-
7. Pizza «Meran» (1, 3, 5)	Marinated beef stripes, paprika and cheese	299,-	399,-
8. Pizza «Bark Vikingen» (1, 3, 5)	Bacon, leek, mushroom, onion and cheese	299,-	399,-
9. Pizza «Bark Primus» (1, 3, 5)	Pepperoni, pineapple and cheese	299,-	399,-
10. Pizza «Bark Zanrak» (1, 3, 5)	Minced meat, mushroom, onion and cheese	295,-	395,-
11. Pizza «Bark Oryx» (1, 3, 5)	Chicken, sweet corn, paprika, taco sauce and cheese	299,-	399,-
12. Pizza «Santa Maria» (1, 3, 5)	Minced meat, onion, corn, jalapeños, taco sauce and cheese	299,-	399,-
13. Pizza «Sjøloftets mix» (1, 3, 5)	Garnish of your choice for your favorite pizza	310,-	410,-
14. Pizza «Yucatán» (1, 3, 5)	Minced meat, onion, corn, paprika, jalapeños, taco sauce, tortilla-chips and cheese	299,-	399,-
15. Pizza «Bark W.H. Green» (1, 3, 5) 	Red onion, broccoli, mushroom, paprika, tomato, leek, olive, pineapple, corn and cheese	299,-	399,-
16. Pizza «Bark Pronto» (1, 3, 4, 5)	Smoked Norwegian salmon, red onion, crème fraîche and cheese	299,-	399,-
17. Pizza «Bark Mørland» (1, 3, 5)	Marinated beef stripes, blue cheese, onion, mushroom, paprika and cheese	299,-	399,-
18. Pizza «Kon-Tiki» (1, 3, 5, 6b)	Tikka masala marinated chicken breast, tomato, paprika, pineapple, peanuts and cheese	299,-	399,-
19. Pizza «Bark Nornen» (1, 3, 5, 9)	Creole spiced stripes of chicken, bacon, onion, paprika, sweet chili sauce and cheese	299,-	399,-
20. Pizza «Bark Trosvik» (1, 3, 5, 8, 10)	Marinated beef stripes, chicken, paprika, red onion, tomato, BBQ-sauce and cheese	299,-	399,-
21. Pizza «Brigg Cort Adeler» (1,3,5,7,8)	Kebab meat, red onion, corn, jalapeños, kebab dressing and cheese	299,-	399,-
 Gluten free pizza (5+)	Garnish of your choice	310,-	
Pizzasauce		36,-	
Sjøloftet's original Sour-cream dressing with garlic (5)		38,-	

## BEVERAGE

### SOFT DRINKS

Coca Cola, Coca Cola Zero, Fanta, Sprite Zero 0,4l	64,-
Artic Water - Sparkling / Sparkling lemon 0,33l	65,-
Unfiltered Apple and raspberry juice from Epleblomsten 0,33l	76,-
Unfiltered Apple juice from Epleblomsten 0,37l	79,-
Fever-Tree ginger-beer (non-alcoholic) 0,20l	65,-

### COFFEE/ TEA

Black Coffee	55,-
Espresso	50,-
Cappuccino (5)	60,-
Caffe Latte (5)	60,-
Syrup: Vanilla / Hazelnut / Irish Cream / Caramel	8,-
Hot Chocolate with cream	61,-
Tea: Assorted selection from Twinings	49,-

### NON-ALCOHOLIC / LIGHT BEER

Clausthaler 0,33l - non-alcoholic (1)	79,-
Heineken 0,33l 0,0% - non-alcoholic (1)	91,-
Hansa Lettøl 2,4% 0,4l - light beer (1)	91,-

### BEER & CIDER

Hansa draught beer 0,4l (1)	114,-
Nøgne Ø 0,33l - Blond Ale / Porter / IPA (1)	139,-
Weihenstephaner Hefe Weissbier 0,5l (1)	159,-
Heineken 0,33l (1)	115,-
Sol 0,33l (1)	120,-
Stella Artois 0,33l (1)	127,-
Estrella Damm Daura 0,33l (gluten free)	139,-
Grevens Pear Cider 0,33l	115,-
Bulmers Brut Apple Cider 0,5l	154,-

### SPARKLING WINE & ROSÉ (11)

Colle Reale Serasuolo Rosé, Valle Reale - Italy, Abruzzi	129,- / 595,-
House wine, sparkling	129,- / 595,-
Perelada Brut Reserva, Castillo Perelada - Spain, Catalonia	695,-
Richard Juhlin Blanc de Blancs 0,20l – non-alcoholic sparkling	105,-

### WHITE WINE (11)

House wine, glass (riesling)	129,-
Wittmann Riesling Trocken - Germany, Rheinhessen	750,-
Louis Robin Chablis - France, Burgundy	159,- / 775,-
Casa dei Retti Soave - Italy, Veneto	595,-
Gauda Abadià de San Campio albariño - Spain, Galicia	695,-
Marques de Riscal Rueda - Spain, Castilla y León, Rueda	625,-

### RED WINE (11)

Lupi Reali Montepulciano d'Abruzzo - Italy, Abruzzi	129,- / 595,-
Campolieti Valpolicella Classico Ripasso - Italy, Veneto	625,-
Fenocchio Barbera d'Alba Superiore - Italy, Piedmont	675,-
Nipozzano Chianti Rùfina Riserva - Italy, Toscana	795,-
Noble Vines 667 Pinot Noir - USA, California	159,- / 775,-
Ravenswood Vintners Blend Zinfandel - USA, California	625,-
Cune Crianza - Spain, Rioja	625,-
Muga Reserva - Spain, Rioja	895,-

### DESSERT WINE (11)

Recioto della Valpolicella 6 cl - Italy	125,-
Vin Santo 6 cl - Italy, Toscana	125,-
Moscato d'Asti 10 cl - Italy, Piedmont	115,-

### COFFEE DRINKS

Irish Coffee - Whiskey, coffee, cream (5)	159,-
Espresso Martini - Vodka, Kahlua, espresso (5)	159,-
Baileys Coffee (5)	149,-

### LIQUEUR

Baileys Original Irish Cream (5)	115,-
Kahlua (5)	115,-
Tia Maria (5)	115,-
Xante	125,-
Cambord Black Raspberry	115,-
Cointreau	125,-
Drambuie	125,-
Licor 43	110,-
Galliano	110,-
Luxardo Sambuca	115,-
Limonello	115,-

### BITTER

Fernet Branca	110,-
Jägermeister	110,-
Gammel Dansk	110,-

### COGNAC

Braastad VS	130,-
Braastad VSOP	145,-
Braastad XO	159,-

### WHISKEY

Bushmills	120,-
Jack Daniel's Old Nr. 7	120,-
Jack Daniel's Tennessee Honey	120,-
Dalwhinnie 15 YO single malt	150,-
Oban 14 YO Highland single malt	160,-
Glenkinchi 12 YO Lowland malt	140,-

### AQUAVIT

Løyten Linie Aquavit	119,-
----------------------	-------

### OTHER SPIRITS

Gordons Gin	115,-
Tanqueray Gin	120,-
Pernod, Anis Spirit	110,-
Busnel Fine Pays Calvados	110,-
Pampero Blanco	115,-
Pampero Especial	115,-
Captain Morgan Spiced Gold	115,-
Ron Zacapa Solera Gran Reserva 23YO	145,-
Don Julio Blanco Tequila	145,-
Don Julio Reposado Tequila	155,-