

Menu

LUNCH 11:00 - 15:00



OMELETTE (1, 3, 5, 8) With ham, cheese, mushrooms, salad and focaccia	185,-
SKAGEN SANDWICH (1, 2, 5) Toast with shrimps with salad, radish, cucumber, avocado and lemon.	229,-
FISH SOUP – SMALL PORTION (1, 2, 4, 5, 11, 12) Fish soup with salmon, today's white fish, shrimp, mussels and vegetables. Served with focaccia and butter.	229,-
FISH`N CHIPS (1, 3, 4, 5) Cod and sweet potato fries, pea purée, remoulade, sweet chili sauce and lemon.	245,-
CLUB SANDWICH (1, 3, 5) Chili bread with chicken breast, crispy bacon, salad, tomato, rocket salad, red onion and mayonnaise. Served with fries.	239,-
PITA (1, 3, 5) Pita bread with beef or chicken, salad, tomato, cucumber, red onion, sour cream dressing and fries.	205,-

STARTERS



BRUSCHETTA DI PARMA (1,5, 11) Toasted bread with garlic olive oil, Parma ham, rocket salad, cherry tomato, parmesan and balsamic.	124,-
SCALLOPS (2, 5, 3, 12) Cauliflower purée flavored with vanilla, peas and beetroot purée.	179,-
CARPACCIO (5, 6a) Thin slices of raw beef, parmesan, pine nuts, pickled onions, rocket salad and horseradish dressing.	179,-

PASTA & SALAD



PARMA SALAD (1, 5, 6a, 8) Mixed salad with avocado, melon, pine nuts, feta cheese, honey-mustard dressing and Parma ham or chicken.	210,-
CHICKEN SALAD (1, 5, 6a, 8) Mixed salad with avocado, melon, pine nuts, feta cheese, honey-mustard dressing and Parma ham or chicken.	239,-
SJØLOFTET LINGUINE VONGOLE (1, 2, 3, 5, 11, 13) Pasta with clams and shrimps in white wine, olive oil and lemon, with cherry tomato, parsley, garlic and chili.	269,-
PASTA DI MAESTRO (1, 3, 5, 13) Pasta with beef stripes, mushrooms, parsley, garlic, fresh chili, cream and parmesan.	269,-

SEAFOOD



MUSSELS (1, 2, 3, 5, 11, 12, 13) Mussels from north-vest coast steamed in wine served with fries, focaccia and aioli.	259,-
FISH SOUP – BIG PORTION (1, 2, 4, 5, 11, 12) Fish soup with salmon, today's white fish, shrimps, mussels and vegetables. Served with focaccia and butter.	279,-
HALIBUT (4, 5, 11) Norwegian wild halibut with fennel, carrots, salicornia, amandine potatoes and apple butter sauce with herbs.	379,-

MEAT



DUCK BREAST FROM LOCAL FARM (5, 6a) Grapefruit, spinach with garlic, pine nuts and raisins, amandine potatoes, carrot purée and red wine sauce with orange.	369,-
MANGO BURGER (1, 3, 5) Beef burger of brisket, caramelized onions, rocket salad, mango, chili, coriander, cheddar and hot mango dressing. Served with sweet potato fries.	259,-
YACHT CLUB BURGER (1, 5, 7, 8) Beef burger of brisket, cheddar, crispy bacon, tomato, red onion, lettuce, pickles, BBQ-sauce and sour-cream dressing. Potato wedges.	259,-
VENISON (5, 11) Romanesco, carrot, pickled onions, mushrooms, celery root purée, amandine potatoes and red wine-cranberry sauce.	389,-
TENDERLOIN STEAK (3, 5, 7) Norwegian prime beef. Broccoli, celery root purée, mushrooms, oven-baked tomato, asparagus beans, baked potato and béarnaise sauce. Feel free to order as pepper steak with pepper sauce	389,-
Additional potato choices where otherwise stated:	
Sweet potato fries for burgers:	20,-
Potato gratin:	30,-

ALLERGENS

1 = GLUTEN (wheat) | 2 = SHELLFISH | 3 = EGG | 4 = FISH | 5 = MILK | 6a = NUTS
6b = PEANUTS | 7 = CELERY | 8 = MUSTARD | 9 = SESAM SEED | 10 = SOYA
11 = SULFITT | 12 = MOLLUSCS | 13 = LUPIN

DESSERTS



ICE-CREAM (1, 5, 6a) 3 scoops - Choose from vanilla ice-cream, chocolate ice-cream, strawberry ice-cream and pistachio ice-cream. Topped with whipped cream and chocolate sauce.	98,-
LEMON CURD (1, 3, 5, 6a) Meringue, crumble and cherry ice-cream with chocolate.	140,-
ESPRESSO CRÈME BRÛLÉE (1, 3, 5, 6a) Mövenpick Mable Walnut and blueberry sauce.	149,-
CHOCOLATE FONDANT (1, 3, 5, 6a) Vanilla ice-cream and raspberry coulis.	149,-

The 3 first desserts can be made without gluten. We can make without crumble, biscuit etc. Ask your waiter.

CHILDREN`S MENU



SAUSAGE WITH FRIES (1, 5, 9)	98,-
HAMBURGER WITH FRIES (1, 5, 9)	110,-
PANCAKES (1, 3) With Blueberry jam and sugar.	105,-
CAPTAIN GOLD TOOTH`S PIZZA (1, 3 ++) Choose three types of ingredients	110,-
KULI Non-sparkling soft-drink with orange or apple flavor.	36,-
SOFT-DRINKS 0,33L Coca Cola, Coca Cola Zero sugar, Fanta, Sprite	42,-
1 OR 2 SCOOPS OF ICE-CREAM (1, 3, 5, 6a) Choose from vanilla ice-cream, chocolate ice-cream, strawberry ice-cream and pistachio ice-cream. Topped with whipped cream and chocolate sauce.	49,- 79,-

WEB ORDER

Did you know that you can order
take-away or delivery at www.sjloftet.no?





APÉRITIF

PROSECCO (11) Treviso Brut	99,-	TANQUERAY GIN & TONIC Tanqueray Gin, Fever-Tree Premium Indian Tonic, lemon cest	135,-
RICHARD JUHLIN BLANC DE BLANCS 0,20l (11) Non-alcoholic sparkling wine.	89,-	SJØLOFTET'S STARFISH Apple and raspberry juice, Licor 43, orange and star anise	135,-
APEROL SPRITZ (11) Prosecco, Aperol, soda, orange	135,-		



PIZZA (5= milk in the cheese, lactose-free)

		Medium	Large
1. Pizza «Sjøloftet» (1, 3, 5)	Ham, mushroom, onion and cheese.	269,-	369,-
2. Pizza «Bark Vega» (1, 3, 5)	Ham, onion and cheese.	269,-	369,-
3. Pizza «Bark Garant» (1, 3, 5)	Ham, paprika and cheese.	269,-	369,-
4. Pizza «Derwent» (1, 3, 5, 8)	Meatballs, mushroom, onion, paprika and cheese.	269,-	369,-
5. Pizza «Bark Kappa» (1, 2, 3, 5)	Shrimps, mushroom and onion.	269,-	369,-
6. Pizza «Brigg Antilla» (1, 2, 3, 4, 5, 12)	Shrimps, tuna, mussels, paprika and cheese.	269,-	369,-
7. Pizza «Meran» (1, 3, 5)	Marinated beef stripes, paprika and cheese.	269,-	369,-
8. Pizza «Bark Vikingen» (1, 3, 5)	Bacon, leek, mushroom, onion and cheese.	269,-	369,-
9. Pizza «Bark Primus» (1, 3, 5)	Pepperoni, pineapple and cheese.	269,-	369,-
10. Pizza «Bark Zanrak» (1, 3, 5)	Minced meat, mushroom, onion and cheese.	269,-	369,-
11. Pizza «Bark Oryx» (1, 3, 5)	Chicken, sweet corn, paprika, taco sauce and cheese.	269,-	369,-
12. Pizza «Santa Maria» (1, 3, 5)	Minced meat, onion, sweet corn, jalapeños, taco sauce and cheese.	269,-	369,-
13. Pizza «Sjøloftets mix» (1, 3, 5)	Compose your own favorite pizza.	279,-	379,-
14. Pizza «Yucatán» (1, 3, 5)	Minced meat, onion, sweet corn, paprika, jalapeños, taco sauce, tortilla-chips and cheese.	269,-	369,-
15. Pizza «Bark W.H. Green» (1, 3, 5) 	Red onion, broccoli, mushroom, paprika, tomato, leek, olive, pineapple, corn and cheese.	269,-	369,-
16. Pizza «Bark Pronto» (1, 3, 4, 5)	Smoked Norwegian salmon, red onion, crème fraîche and cheese.	269,-	369,-
17. Pizza «Bark Mørland» (1, 3, 5)	Marinated beef stripes, blue cheese, onion, mushroom, paprika and cheese.	269,-	369,-
18. Pizza «Kon-Tiki» (1, 3, 5, 6b)	Tikka masala marinated chicken breast, tomato, paprika, pineapple, peanuts and cheese.	269,-	369,-
19. Pizza «Bark Nornen» (1, 3, 5, 9)	Creole spiced stripes of chicken, bacon, onion, paprika, sweet chili sauce and cheese.	269,-	369,-
20. Pizza «Bark Trosvik» (1, 3, 5, 8, 10)	Marinated beef stripes, chicken, paprika, red onion, tomato, BBQ-sauce and cheese.	269,-	369,-
21. Pizza «Brigg Cort Adeler» (1, 3, 5, 7,8)	Kebab meat, red onion, corn, jalapeños, kebab dressing and cheese.	269,-	369,-
Gluten free pizza (5+) 	Garnish of your choice	265,-	
Sjøloftet's original Pizzasauce		30,-	
Sjøloftet's original Sour-cream dressing with garlic (5)		34,-	

BEVERAGE

SOFT DRINKS

Coca Cola, Coca Cola Zero sugar, Fanta, Sprite 0,4l	52,-
Unfiltered Apple and raspberry juice from Epleblomsten 0,33l	59,-

BOTTLED DRINKS

Bonaqua - natural / lemon 0,33l	49,-
Unfiltered Apple juice from Epleblomsten 0,37l	69,-

COFFEE/ TEA

Black Coffee	45,-
Espresso	45,-
Americano	45,-
Cappuccino	56,-
Caffe Latte	56,-
Syrup: Vanilla / Hazelnut / Irish Cream / Caramel	7,-
Hot Chocolate with cream	52,-
Tea: Twinings Four Red Fruits / Earl Grey / Apple, Cinnamon & Raisin	45,-

COFFEE DRINKS

Irish Coffee - Bushmills Whiskey, coffee, cream (5)	130,-
Espresso Martini - Kahlua, vodka, espresso (5)	125,-
Coffee Baileys (5)	99,-

NON-ALCOHOLIC / LIGHT BEER

Clausthaler (1) / Heineken 0,0% (non-alcoholic) 0,33l (1)	59,- / 75,-
Hansa Lettøl 2,4% (light beer) 0,33l (1)	69,-

BEER & CIDER

Hansa draught beer 0,4l (1)	99,-
Nøgne Ø 0,33l – Blond Ale: 110,- / Porter: 129,- / IPA: 129,- (1)	
Weihenstephaner Hefe Weissbier 0,5l (1)	149,-
Heinekken (1)	99,-
Sol 0,33l (1)	99,-
Stella Artois 0,33l (1)	125,-
Estrella Damm Daura 0,33l (gluten free)	125,-
Grevens Pear Cider 0,33l	105,-
Bulmers Brut Apple Cider 0,5l	145,-



SPARKLING WINE & ROSÉ (11)

Vigne Nouvelle Serasuolo Rosé, Valle Reale - Italy, Abruzzi	99,- / 475,-
Contarini Prosecco Treviso Brut - Italy, Veneto	99,- / 475,-
Cava Masia Brut Reserva, Castillo Perelada - Spain, Catalonia	485,-



WHITE WINE (11)

House wine, glass (dry riesling)	99,-
Von Buhl Riesling QbA Trocken - Germany, Pfalz	485,-
Chablis Jean Deligny - France, Burgundy	125,- / 625,-
Soave Primero - Italy, Veneto	485,-
Gauda Abadià de San Campio albariño - Spain, Galicia	595,-
Marques de Riscal Rueda - Spain, Castilla y León, Rueda	545,-

RED WINE (11)

Lupi Reali Montepulciano d'Abruzzo - Italy, Abruzzi	99,- / 475,-
Campolieti Valpolicella Classico Ripasso - Italy, Veneto	555,-
Fenocchio Barbera D'Alba Superiore - Italy, Piedmont	555,-
Noble Vines 667 Pinot Noir - USA, California	125,- / 595,-
Ravenswood Vintners Blend Zinfandel - USA, California	595,-
Cune Crianza - Spain, Rioja	495,-
Muga Reserva - Spain, Rioja	695,-