

English menu



LUNCH 11:00 - 15:00



OMELETTE (1*, 3, 5, 8) With ham, mushrooms, cheese, salad and focaccia.	199,-
SKAGEN SANDWICH (1*, 2, 5) Toast with shrimp salad, radish, cucumber, avocado and lemon.	269,-
FISH SOUP – SMALL PORTION (1*, 2, 4, 5, 11, 12) Fish soup with salmon, cod, shrimp, mussels and vegetables. Served with focaccia and butter.	269,-
FISH'N CHIPS (1, 3, 4, 5) Cod and sweet potato fries, pea purée, remoulade, sweet chili sauce and lemon.	289,-
CLUB SANDWICH (1*, 3, 5) Chili bread with chicken breast, crispy bacon, salad, tomato, rocket salad, red onion and mayonnaise. Served with fries.	289,-
SATAY CHICKEN SKEWERS (1, 5, 6b, 8, 9) Chicken marinated in peanut sauce topped with sesame seeds and coriander. Served with salad, sweet potato fries and yoghurt dressing with lime, chili and mango.	289,-
PITA (1*, 3, 5) Pita bread with beef or chicken, salad, tomato, cucumber, red onion, sour cream dressing and fries.	269,-

JULETALLERKEN - SMALL PORTION (3, 5, 8, 11) Traditional Norwegian Christmas platter. Succulent crispy friedPork Belly, Pork Patties, Christmas sausage, sauerkraut, red cabbage, Brussels sprouts, prunes, boiled potatoes and Christmas sauce.	359,-
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CHILDREN`S MENU



SAUSAGE WITH FRIES	129,-
HAMBURGER WITH FRIES (1*, 5, 9)	149,-
KYLLING NUGGETS 5 pcs. with fries.	135,-
PANCAKES (1, 3) With Blueberry jam and sugar.	135,-
CAPTAIN GOLD TOOTH` S PIZZA (1, 3 ++) Choose three types of ingredients.	149,-
MER 0,2l Non-sparkling soft drink with orange or strawberry & apple flavor	44,-
SOFT-DRINKS 0,33l Coca Cola, Coca Cola Zero, Fanta, Sprite Zero.	49,-
1 OR 2 SCOOPS OF ICE-CREAM (1, 5, 6a) Choose from vanilla ice-cream, chocolate ice-cream, strawberry ice-cream, pistachio ice-cream and raspberry sorbet. Topped with whipped cream and chocolate sauce.	65,- 89,-

ALLERGENS

1 = GLUTEN (wheat) | 2 = SHELLFISH | 3 = EGG | 4 = FISH | 5 = MILK | 6a = NUTS | 6b = PEANUTS | 7 = CELERY | 8 = MUSTARD | 9 = SESAM SEED | 10 = SOYA | 11 = SULFITT | 12 = MOLLUSCS | 13 = LUPIN

* The dish can be made gluten-free - we have gluten-free bread, pita bread and hamburger bread. All pasta dishes can be made with gluten-free tagliatelle and gluten-free bread for an additional fee.
We appreciate you letting us know if you have any allergies so that we can ensure a safe and delicious meal.

STARTER



BRUSCHETTA DI PARMA (1*, 5, 11) Toasted bread with garlic olive oil, Parma ham, rocket salad, cherry tomato, parmesan and balsamic.	179,-
SCALLOPS (2, 3, 5, 12) Jerusalem artichoke puree, beetroot, edamame beans and pea sprouts	229,-
CARPACCIO (5, 6a) Thin slices of raw beef, parmesan, pine nuts, pickled onions, rocket salad and horseradish dressing.	239,-

PASTA & SALAD



CHICKEN SALAD (1*, 5, 6a, 8) Mixed salad with avocado, melon, berries, pine nuts, feta cheese, honey-mustard dressing and chicken.	298,-
SJØLOFTET LINGUINE VONGOLE (1*, 2, 3, 5, 11, 13) Pasta with clams and shrimps in white wine, olive oil and lemon, parmesan, cherry tomato, parsley, garlic and chili.	325,-
PASTA DI MAESTRO (1*, 3, 5, 13) Pasta with beef stripes, mushrooms, parsley, cherry tomato, garlic, chili, cream and parmesan.	325,-
PENNE ALLA CAMPAGNA (1*, 3, 5, 11, 13) Penne with chicken, bacon, crème fraîche, cherry tomato, garlic, parsley, basil and rocket salad.	325,-



All pasta dishes can be made with gluten-free tagliatelle and gluten-free bread
for an extra charge.

SEAFOOD

MUSSELS (1*, 2, 3, 5, 11, 12, 13) Mussels from north-vest cost steamed in wine served with fries, focaccia and aioli.	325,-
FISH SOUP (1*, 2, 4, 5, 11, 12) Fish soup with salmon, cod, shrimp, mussels and vegetables. Served with focaccia and butter.	329,-
HALIBUT (4, 5, 11) Norwegian wild halibut with fennel, carrots, salicornia, amandine potatoes and apple butter sauce.	479,-
COD (4, 5) Steamed loin of cod with bacon, beetroot, carrots, pea purée and potatoes.	439,-

MEAT



JULETALLERKEN (3, 5, 8, 11) Traditional Norwegian Christmas platter. Succulent crispy fried Pork Belly, Pork Patties, Christmas sausage, sauerkraut, red cabbage, Brussels sprouts, prunes, boiled potatoes and Christmas sauce.	469,-
PINNEKJØTT (5) Dry and salted lamb ribs prepared by steaming. Served with lamb sausages from Voss, Brussels sprout, mashed kohlrabi and potatoes.	539,-
TENDERLOIN OF VENISON (5, 7, 11) Root vegetables, pickled onion, mushrooms, celery root purée, potato gratin and red wine-cranberry sauce.	489,-
MANGO BURGER (1*, 3, 5) 200 gr. of ground Angus beef, caramelized onions, rocked salad, mango, chili, coriander, cheddar and hot mango dressing. Served with sweet potato fries.	319,-
YACHT CLUB BURGER (1*, 5, 7, 8) 200 gr. of ground Angus beef, cheddar, crispy bacon, tomato, red onion, lettuce, pickles, BBQ-sauce and sour-cream dressing. Potato wedges.	319,-
TENDERLOIN STEAK (3, 5, 7) Norwegian prime beef. Broccoli, celery root purée, mushrooms, oven-baked tomato, asparagus beans, baked potato and béarnaise sauce. Feel free to order pepper steak with pepper sauce.	489,-
Additional potato choices were otherwise stated: Sweet potato fries for burgers Potato gratin Onion rings - 2 pcs	35,- 45,- 30,-

DESSERT



ICE-CREAM (1*=biscuit, 5, 6a) 3 scoops - Choose from vanilla ice-cream, chocolate ice-cream, strawberry ice-cream, pistachio ice-cream and raspberry sorbet. Topped with whipped cream and chocolate sauce.	129,-
APPLE CAKE (1, 3, 5, 10) Vanilla ice-cream, salted caramel sauce and cream.	179,-
FLAN (3, 5) Served with whipped cream and caramel sauce.	179,-
CHRISTMAS CRÈME BRÛLÉE (1*=crumble, 3, 5, 6a) With a taste of orange and cinnamon. Mövenpick Mable Walnut ice-cream and blueberry sauce.	189,-
RASPBERRY BROWNIE With a hint of licorice. Served with raspberry sorbet. Vegan, gluten and lactose free.	159,-
CHOCOLATE FONDANT (1, 3, 5, 6a) Vanilla ice-cream and raspberry coulis.	179,-



2-COURSE CHRISTMAS MENU

COD & CHRISTMAS DESSERT OF YOUR CHOICE	595,-
JULETALLERKEN & CHRISTMAS DESSERT OF YOUR CHOICE	629,-
PINNEKJØTT & CHRISTMAS DESSERT OF YOUR CHOICE	695,-

APÉRITIF - we do also offer other cocktails

Bellini (11) Prosecco, white peach purée	160,-	 Julestjerne (Christmas Star) Unfiltered Apple and raspberry juice, Licor 43, orange, star anise	160,-
Aperol Spritz (11) Prosecco, Aperol, soda, orange	179,-	Malfy Gin Rosa Fever-Tree Mediterranean Tonic, grapefruit	179,-
Limoncello Spritz (11) Prosecco, Limoncello, soda, lemon	179,-	Tanqueray London Dry Gin Tanqueray Gin, Fever-Tree Premium Indian Tonic, lemon	175,-
Hugo Spritz (11) Prosecco, St. Germain Elderflower Liqueur, soda, mint, lime	179,-	Negroni Gin, vermouth rosso, Campari, orange	175,-

PIZZA FROM OUR OWN BAKERY (5= milk in cheese)

			Medium	Large
1.	Pizza «Sjøløftet» (1, 3, 5)	Ham, mushroom, onion and cheese	295,-	395,-
2.	Pizza «Bark Vega» (1, 3, 5)	Ham, onion and cheese	295,-	395,-
3.	Pizza «Bark Garant» (1, 3, 5)	Ham, paprika and cheese	295,-	395,-
4.	Pizza «Derwent» (1, 3, 5, 8)	Italian meatballs, mushroom, onion, paprika and cheese	299,-	399,-
5.	Pizza «Bark Kappa» (1, 2, 3, 5)	Shrimps, mushroom and cheese	299,-	399,-
6.	Pizza «Brigg Antilla» (1,2,3, 4, 5, 12)	Shrimps, tuna, mussels, paprika and cheese	299,-	399,-
7.	Pizza «Meran» (1, 3, 5)	Marinated beef stripes, paprika and cheese	299,-	399,-
8.	Pizza «Bark Vikingen» (1, 3, 5)	Bacon, leek, mushroom, onion and cheese	299,-	399,-
9.	Pizza «Bark Primus» (1, 3, 5)	Pepperoni, pineapple and cheese	299,-	399,-
10.	Pizza «Bark Zanrak» (1, 3, 5)	Minced meat, mushroom, onion and cheese	295,-	395,-
11.	Pizza «Bark Oryx» (1, 3, 5)	Chicken, sweet corn, paprika, taco sauce and cheese	299,-	399,-
12.	Pizza «Santa Maria» (1, 3, 5)	Minced meat, onion, corn, jalapeños, taco sauce and cheese	299,-	399,-
13.	Pizza «Sjøløftets mix» (1, 3, 5)	Garnish of your choice for your favorite pizza	320,-	420,-
14.	Pizza «Yucatán» (1, 3, 5)	Minced meat, onion, corn, paprika, jalapeños, taco sauce, tortilla-chips and cheese	299,-	399,-
15.	Pizza «Bark W.H. Green» (1, 3, 5) 	Red onion, broccoli, mushroom, paprika, tomato, leek, olive, pineapple, corn and cheese	299,-	399,-
16.	Pizza «Bark Pronto» (1, 3, 4, 5)	Smoked Norwegian salmon, red onion, crème fraîche and cheese	299,-	399,-
17.	Pizza «Bark Mørland» (1, 3, 5)	Marinated beef stripes, blue cheese, onion, mushroom, paprika and cheese	299,-	399,-
18.	Pizza «Kon-Tiki» (1, 3, 5, 6b)	Tikka masala marinated chicken breast, tomato, paprika, pineapple, peanuts and cheese	299,-	399,-
19.	Pizza «Bark Nornen» (1, 3, 5, 9)	Creole spiced stripes of chicken, bacon, onion, paprika, sweet chili sauce and cheese	299,-	399,-
20.	Pizza «Bark Trosvik» (1, 3, 5, 8, 10)	Marinated beef stripes, chicken, paprika, red onion, tomato, BBQ-sauce and cheese	299,-	399,-
21.	Pizza «Brigg Cort Adeler» (1,3,5,7,8)	Kebab meat, red onion, corn, jalapeños, kebab dressing and cheese	299,-	399,-
	Gluten free pizza (5+)	Garnish of your choice	310,-	
	Pizza sauce		36,-	
	Sjøløftet's original Sour-cream dressing with garlic (5)		39,-	



BEVERAGE

SOFT DRINKS		
Coca Cola, Coca Cola Zero, Fanta, Sprite Zero 0,4l	67,-	
Artic Water - Sparkling / Sparkling lemon 0,33l	67,-	
Unfiltered Apple and raspberry juice from Epleblomsten 0,33l	79,-	
Coca Cola, Coca Cola Zero, Fanta, Sprite Zero 0,4l	79,-	
Red Christmas Soda 0,33l	72,-	
COFFEE/ TEA		
Black Coffee	59,-	
Espresso	57,-	
Cappuccino (5)	67,-	
Caffe Latte (5)	63,-	
Syrup: Vanilla / Hazelnut / Irish Cream / Caramel	8,-	
Hot Chocolate with cream (5)	67,-	
Tea: Assorted selection from Twinings	51,-	
NON-ALCOHOLIC / LIGHT BEER		
Clausthaler 0,33l - non-alcoholic (1)	85,-	
Heineken 0,0% 0,33l - non-alcoholic (1)	95,-	
Hansa Lettøl 2,4% 0,4l - light beer (1)	95,-	
BEER & CIDER		
Hansa drought beer 0,4l (1)	117,-	
Hansa Christmas beer 0,33l (1)	139,-	
Nøgne Ø 0,33l - Blond Ale / Porter / IPA (1)	139,-	
Weihenstephaner Hefe Weissbier 0,5l (1)	159,-	
Heineken 0,33l (1)	119,-	
Sol 0,33l (1)	120,-	
Stella Artois 0,33l (1)	129,-	
Hansa Lite 0,33l (gluten-free)	125,-	
Estrella Damm Daura 0,33l (gluten-free)	139,-	
Grevens Pear Cider 0,33l (sugar-free)	119,-	
Bulmers Brut Apple Cider 0,5l	156,-	
Smirnoff Ice Original 0,275l	124,-	
Smirnoff Ice Strawberry 0,275l	124,-	
SPARKLING WINE & ROSÉ (11)		
Colombelle Rosé - France, Côtes de Gascogne	149,- / 695,-	
House wine, sparkling	135,- / 595,-	
Perelada Brut Reserva, Castillo Perelada - Spain, Catalonia	695,-	
Odd Bird Blanc de Blancs 0,20l - non-alcoholic sparkling	109,-	
WHITE WINE (11)		
House wine, glass (riesling)	135,-	
Wittmann Riesling Trocken - Germany, Rheinhessen	750,-	
Caldora Trebbiano d'Abruzzo - Italy, Abruzzi	595,-	
Louis Robin Chablis - France, Burgundy	159,- / 795,-	
Gauda Abadià de San Campio albariño - Spain, Galicia	695,-	
Marques de Riscal Rueda - Spain, Castilla y León, Rueda	695,-	
RED WINE (11)		
Lupi Reali Montepulciano d'Abruzzo - Italy, Abruzzi	135,- / 625,-	
Campolieti Valpolicella Classico Ripasso - Italy, Veneto	645,-	
Fenocchio Barbera d'Alba Superiore - Italy, Piedmont	675,-	
Nipozzano Chianti Rufina Riserva - Italy, Tuscany	795,-	
Felsina Berardenga Chianti Classico - Italy, Tuscany	790,-	
Noble Vines 667 Pinot Noir - USA, California	159,- / 795,-	
Ravenswood Vintners Blend Zinfandel - USA, California	625,-	
Cune Crianza - Spain, Rioja	635,-	
Muga Reserva - Spain, Rioja	945,-	
DESSERT WINE (11)		
Reciotto della Valpolicella - Italy	129,-	
Vin Santo - Italy, Tuscany	149,-	
COFFEE DRINKS		
Irish Coffee - Whiskey, coffee, cream (5)	175,-	
Espresso Martini - Vodka, Kahlua, espresso (5)	169,-	
Baileys Coffee (5)	149,-	
LIQUEUR		
Baileys Original Irish Cream (5)	120,-	
Kahlua (5)	120,-	
Tia Maria (5)	120,-	
Xante	130,-	
Chambord Black Raspberry	120,-	
Cointreau	125,-	
St. Germain	125,-	
Drambuie	125,-	
Licor 43	120,-	
Galliano	120,-	
Hot n'Sweet	120,-	
Fisherstorm	120,-	
Fireball	120,-	
Luxardo Sambuca	130,-	
Limoncello	120,-	
BITTER		
Fernet Branca	120,-	
Jägermeister	125,-	
Gammel Dansk	125,-	
COGNAC		
Braastad VS	130,-	
Braastad VSOP	150,-	
Braastad XO	160,-	
WHISKEY		
Tullamore Irish Whiskey	130,-	
Jack Daniel's Old Nr. 7	120,-	
Jack Daniel's Tennessee Honey	120,-	
Dalwhinnie15 YO single malt	150,-	
Oban 14 YO Highland single malt	160,-	
Glenkinchi 12 YO Lowland malt	140,-	
AQUAVIT		
Løyten Linie Aquavit	120,-	
Gilde Christmas aquavit	125,-	
OTHER SPIRITS		
Gordons Gin	130,-	
Tanqueray Gin	140,-	
Pernod, Anis Spirit	115,-	
Busnel Fine Pays Calvados	120,-	
Pampero Blanco	120,-	
Pampero Especial	120,-	
Captain Morgan Spiced Gold	130,-	
Ron Zacapa Solera Gran Reserva 23YO	150,-	
Don Julio Blanco Tequila	145,-	
Don Julio Reposado Tequila	155,-	